

# OFFICE OF STUDENT HEALTH INSURANCE

<https://finance.rutgers.edu/student-abc/insurance-students/student-health-insurance-plan-ship>

Mandatory for F and J Rutgers Visa Sponsored Students-**2022-2023**

## Step 1: Register for Classes

Wait 3 business days after registering for classes to complete Step 2.

**(You do not have to wait for the term bill to complete Step 2)**

## Step 2: Students MUST Waive or Enroll online each semester

Enroll at:

[www.universityhealthplans.com](http://www.universityhealthplans.com)

Waive/view waiver requirements at:

<https://global.rutgers.edu/international-scholars-students/health-insurance>

(F and J Rutgers Visa Sponsored Students must submit the waiver/waiver appeal to RGlobal)

Fall 2022: September 23, 2022

**Deadline Dates**

Spring 2023: February 10, 2023

**WAIVING?** If you failed to waive *before* the deadline, your enrollment in the Student Health Insurance Plan (SHIP) will be processed. You will then be responsible for paying the premium on the term bill even though you have other health insurance. For waiver/waiver appeal inquiries email Eirinn Jones, Insurance Coordinator at [eljones@global.rutgers.edu](mailto:eljones@global.rutgers.edu).

**ENROLLING?** Paying the premium on the term bill is not enrolling. You should complete the enrollment form each semester to finalize the process. Be proactive and enroll before the deadline; do not wait for the “courtesy emails”. If you failed to enroll *before* the deadline **and did not complete a waiver form**, your enrollment in the SHIP will be processed.

**Note:** Due to the enrollment process, in the SHIP *after* the deadline, your insurance card may not be available for a few weeks. Also, you may be at risk to pay out-of-pocket expenses for medical care including prescription medication.

Teaching and Graduate Assistants <https://uhr.rutgers.edu/teaching-assistants-graduate-assistants>

All students including Graduate Fellows may view the eligibility information in the SHIP at:  
<https://finance.rutgers.edu/node/275>